

# ACNE TREATMENT PROGRAMME

INFORMATION

#### **ACNE TREATMENT**

Acne, even severe acne, can be treated. Your doctor might have advised you to consider using Oratane (isotretinoin) if other treatments such as antibiotics aren't helping you. Oratane may even help prevent scarring from acne. It works by reducing the amount of oil that your skin produces. This then leads to a reduction of bacteria and a reduction of inflammation and pus associated with acne. You won't notice immediate changes on Oratane. The treatment usually works within about 20 weeks and, as you can see in the photos below, the changes are significant. Oratane cures acne in a large percentage of patients. There will be some side effects - skin dryness is common. These side effects are proof that Oratane is working.

Because Oratane can affect an unborn baby, it is vital that you are not pregnant before starting, during and for one month after stopping treatment.

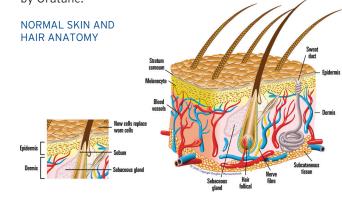
#### THINGS YOU SHOULD KNOW ABOUT ACNE

Acne is a common skin condition. It consists of blackheads, whiteheads, red spots and sometimes deeper boil-like spots which are called nodules or cysts.

Acne affects most people in their teenage years - some worse than others - and for some, the problem continues on into adulthood.

### WHAT CAUSES ACNE?

Acne isn't the result of dirty skin and it isn't only a teenage problem. There isn't any evidence that specific foods cause it, so following a diet on its own probably won't clear your acne. Acne is caused by excess sebum build-up and a narrowing of the duct that these natural oils flow from. A 'plug' can then form which blocks pores. Acne is an easily treatable skin disease and it can be cured by Oratane.



## HOW ORATANE WORKS

Oratane works by reducing the amount of oily substances produced by the oil making glands in your skin and by unblocking the pores. This reduces the amount of bacteria in the skin. These bacteria are the cause of the 'pus' and inflammation found with acne. Oratane may also help to reduce the inflammation of the skin.







BEFORE ISOTRETINOIN

DURING ISOTRETINOIN AFTER ISOTRETINOIN

